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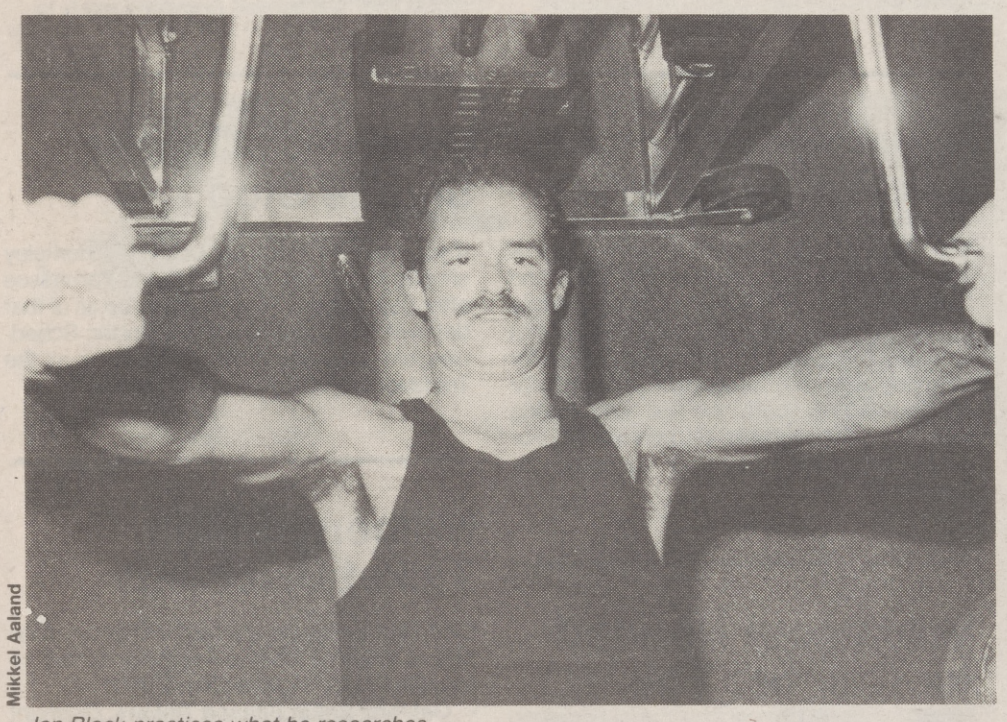
New Moffitt Lobby

Volume 1, Number 2, August 30-September 12, 1986

UCSF

Newsbreak



Mikkel Aaland

Jon Block practices what he researches.

Weight Lifting, Aerobics Build More than Muscles

People who combine weight lifting with aerobic exercise may build stronger bones than those who do neither or either alone—and may reduce their chance of suffering fractures in old age, suggest UCSF researchers.

Using computed tomography (CT) scans of the spine to measure bone mineral density, the researchers compared 46 young men, 28 who pursued vigorous exercise programs and 18 who were sedentary.

Results showed the greatest spinal bone density in men who combined weight training—using either free weights or "resistance" equipment such as Nautilus machines—and aerobic exercise such as running or aerobics classes. Those who only lifted weights ranked second, followed by those with only an aerobics program. Nonexercisers had the lowest spinal bone density.

The findings were reported in the July 1986 issue of the *Western Journal of Medicine* by Jon E. Block, PhD, UCSF research specialist in radiology; Harry Genant, MD, UCSF professor of radiology, medicine and orthosurgery; and Dennis Black, a UCSF senior statistician at SFGH.

Men in the study, whose ages ranged between 20 and 30, were matched for factors other than exercise—such as calcium intake—thought to influence bone density. The active men had exercised an average of six hours a week for at least two years.

Earlier studies showed that people who exercise have higher bone density than those who don't, Block pointed out, but didn't compare different types of exercise.

Researchers don't yet know whether exercise actually builds bone mass over time, reduces the risk of fractures, or will retard bone loss after menopause, Block stressed. But most agree that moderate exercise has some kind of beneficial effect on the skeleton.

"We're especially interested in looking at peak bone mass," Block said, "because we think that people with higher bone mass at maturity end up with higher bone mass when elderly, and that those with low bone mass are more likely to have a fracture." After peaking between ages 30 and 40, he noted, bone density in both men and women gradually declines. The loss accelerates in women as estrogen levels drop after menopause—often resulting in osteoporosis.

The UCSF team next plans to study about 150 young women, following them as they age to determine the effects of various exercise programs and other factors that may influence bone strength.

The Latest on Laurel Heights Renovation

The San Francisco Board of Supervisors on August 25 voted not to join a citizen's group in its lawsuit to block the move of the UCSF School of Pharmacy's academic research programs and administrative offices to UCSF-Laurel Heights. Contrary to reports in the press, the City had not joined the suit prior to the Board's vote.

A temporary stay against UCSF was issued by the Superior Court on August 20, precluding the University from beginning certain internal renovations of the UCSF-Laurel Heights building, but allowing planning and design activities to continue.

On September 15 a court hearing will be held on the merits of the case, which challenges the adequacy of the Environmental Impact Report. The judge then will decide on whether or not to grant an injunction, which, if granted, would further delay the project.

The lawsuit, which was brought by the Laurel Heights Improvement Association, asks for a new EIR which would more specifically detail any potential effects of toxic and radioactive materials, further public hearings, and reconsideration of the EIR by the UC Board of Regents.

In a letter to some members of the Board of Supervisors, Assistant Chancellor Thomas Gwyn stressed that 1) the School of Pharmacy programs pose no danger to the community, 2) the EIR completely addresses the safety procedures used in dealing with any potentially toxic substances, as well as other concerns, and 3) the community was involved in every step of the planning process. For more than a year, since the building was purchased, the campus has communicated through 35 letters, notices and public and Campus Planning Committee meetings, in an attempt to keep the community informed about plans as they developed.

Meantime, the San Francisco Board of Supervisors approved a resolution in July asking the Mayor and UCSF to work out a "Memorandum of Understanding," similar to the one already in existence between the City and the Presidio, regarding future plans for campus development. Chancellor Krevans has assured the City that this campus is very willing to sit down with the Mayor's office to discuss such a memorandum, which would enhance communication between the city and the campus, and the campus now has received a letter from the Mayor's office requesting that this process begin.

As requested by the Regents, campus representatives also will continue to meet with neighborhood and merchants' groups in and around the Parnassus campus and the Laurel Heights area.

Mikkel Aaland

Student apprentices Latrelle Shaw, Erica Weekes, Michelle Chui and Lisa Manio

A Job Well Done

It's been a busy summer for the four participants in the Minority High School Student Research Apprentice Program in the School of Nursing.

Under the supervision of data processing assistant Mary Kawahira, the four apprentices have pitched in on a wide variety of research support activities, such as assisting faculty with data tabulation and coding, computer data entry and library searches.

If the program purports to stimulate interest in students to pursue careers in biomedical research and the health professions, then it's working: Three of the students currently are juggling their schedules to continue their work here on a part-time basis during the school year.

The Winner!

Gus Serafin, AAIII for the university librarian, is the big winner of naming this new campus publication. As you can see from our new masthead, "UCSF Newsbreak" was the name selected from over 650 suggestions submitted.

The selection process was not easy. Several clever and interesting names were entered ranging from the "Campus Beeper," "Pampus Caper," and "The Paddington," to "Scenario," "Yesterday, Today & Beyond," and the "UCSF Newsline." Yes, even "Gertrude" got several votes.

Even though Gus sometimes feels he has been at UCSF for over 20 years, in reality, just last week he celebrated his eleventh anniversary with the campus. He has been an AA with the library since he arrived, first for Jeannette Yeazell and for the last eight years for David Bishop.

Asked what he might do with his $50 gift certificate at the Millberry Union Bookstore, he replied, "I'll probably get something that will last a long time, maybe something with the UCSF logo. That way if I leave the University, I'll have a really nice remembrance.

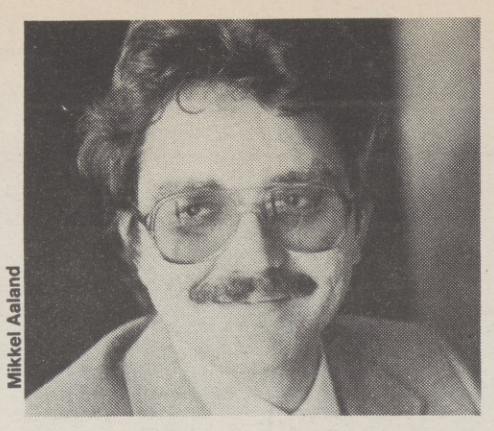
The Medical Center part of this publication also has a new name. See page 8 for that scoop.

Congratulations Gus!

Dawn Finch

Serafin

Lopez is New Affirmative Action Director


Mikkel Aaland

Coming to us from Louisiana State in Baton Rouge is our new affirmative action director, Randy Lopez.

On campus since July, Lopez said that he has always been on the side of the disadvantaged. In 1976 he was an equal opportunity specialist for the Bureau of Civil Rights of the Louisiana Department of Health and Human Resources, where he realized it was important for him to remain in a career aimed at correcting social injustices. In 1978 he went over to LSU, where he eventually had responsibility for all areas of employment, training and labor relations for faculty and staff.

Lopez now is analyzing the campus' affirmative action statistics and is meeting with administrators to establish how to best meet affirmative action goals. He will keep the campus up to date on new developments in equal opportunity employment, and will be investigating complaints and acting as a liaison with compliance agencies and other organizations and groups.

See the September issue of the *UCSF Journal*, scheduled to come out in a week, for a special feature article on Lopez.

UCSF Sprints Downtown

Mikkel Aaland

Twenty-nine UCSF runners participated in the Hanover Corporate Challenge race along the Embaracdero on August 20. UCSF runners made up seven teams, one of which placed third in the women's category. Shown are (front row) Randy Isaacs, Charlene Bayles, Margie Spano, Clyde Helms, Joan Colman, Lolly Hess; (second row) Don Toothman, Michael Paddy, Michelle Canny, Elizabeth Simpson, Hilary Naylor, Gail Rodd, Sandra Norberg, Jeffrey Wall, Wayne Hiroshima, Jimmy Choy, (third row) Stephen Stolp, Susan Barrows, Mike Rizzo, William Sullivan, Ann Guth, Wally Peck, Alan Tower, David Drechsel, Joe Guglielmo, Dennis Orwig. Missing are Rodney Lee, Ted Lowenkopk, Kay Bolla, Jason Swedlow. Naylor, Colman and Rodd were the placing women's team.

Mount Zion and UCSF Receive Commonwealth Grant

Mount Zion Hospital and Medical Center and UCSF have received a joint $300,000 grant from The Commonwealth Fund.

The two-year grant will provide resources to assist the two institutions' joint program and planning board in developing plans for the coordination of present and future programs. This grant is part of The Commonwealth Fund's program to assist academic health centers in developing innovative approaches for the delivery of health care services.

Mount Zion and UCSF signed an agreement in December 1984, establishing the joint board from among the leadership of both institutions. The board was charged with developing a strategic plan for the "optimal utilization of the combined resources of the two institutions, including the future use of physical facilities." The merger of the Mount Zion and UCSF home care programs last year was the first joint venture to emerge from the agreement.

Programs under consideration for integration are maternal and child health services, geriatric programs and rehabilitation.

High Blood Sugar Alone Can Cause Blood-Vessel Damage in Diabetics

UCSF researchers at the Veterans Administration Medical Center and Korean colleagues have reported that high sugar levels alone can cause the thickened capillary walls (microangiopathy) that underlie the most serious complications of diabetes—blindness and kidney failure.

Comparing genetic diabetics and suicidal people who had artificially induced diabetes by eating a rat poison that raises blood sugar levels, the researchers found thickened capillary walls in both groups.

"This is the first clear-cut evidence in humans that sugar per se can produce the vascular changes of diabetics," said Kenneth Feingold, MD, associate professor of medicine and clinical investigator at the VAMC. The findings were reported in the July 1986 issue of the *Journal of Clinical Investigation* by Feingold; Marvin Siperstein, MD, PhD, chief of the metabolism section at the VAMC; Tai Hee Lee, MD, chief of endocrinology and metabolism at Chonnam University Medical School, Korea; and Lee's colleague Min Young Chung.

Fore!

The UCSF Golf Sports Club Fall Tournament will be held on Friday, September 19, at the Skywest Golf Course, Hayward. If you would like to be a player, call Freeman Bradley, x61593, before Friday, September 5.

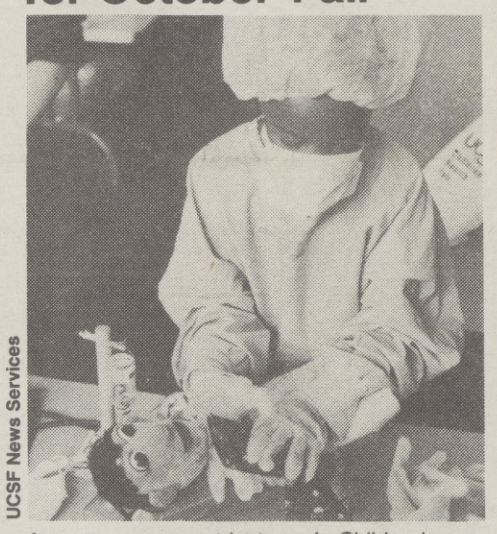
Fulbright Alumni?

The fourtieth anniversary of the Fulbright Act, which established the International Educational Exchange, will be celebrated later this year. But, who to invite? The San Francisco Fulbright Senior Scholars' Advisory Committee would like to invite all American Senior Scholar and Graduate Student Fulbright alumni, but a list of those people does not exist. If you are a Fulbright Scholar alumni and would like to be included in the festivities, contact Carlyn Halde, UCSF Department of Microbiology, Box 0414, or call x62246.

Supervisors: Time to Assess Your Skills?

The next two management assessment programs will be held November 4-7, 1986 and March 3-6, 1987. Full supervisors at or above the AAII level up to MSO I are eligible, but must be nominated by their supervisors for selection into the program. Deadline for applications for both the fall and spring sessions is Wednesday, September 24. For further information see your supervisor or call x64032.

Volunteers Needed for October Fair


UCSF News Services

A young surgeon at last year's Children's Health Fair.

Plans now are underway for the 1986 UCSF Children and Family Health Fair, to be held on Saturday, October 25, in Millberry Union. Sponsored by the Medical Center at UCSF, this special event is a followup to last year's very successful Children's Health Fair.

The fair promises to be a fun-filled day focusing on health education, disease prevention and safety, featuring some 50 booths designed to help fair-goers learn about health care through "hands-on" experience.

Any campus employee who would like to join in the fun by volunteering at one of the booths should call the Volunteer Office at x64372. Chairing the fair planning committee are Adrianne Burton, coordinator of child life services; pediatric administrative nurse Sally Collard; and Bob Soames, nursing administration.

Reisig Temporary Police Chief

Robert Reisig, a police lieutenant from UC-Irvine, is currently on loan to UCSF as acting chief of police.

Reisig is filling in for UCSF Chief Raymond Clark, who is on administrative leave to recover from recent back surgery. Also, an internal review by UC officials is underway concerning Clark's involvement in a personal domestic situation.

Reisig has been an officer in the UC system for the last 14 years. Before going to UC-Irvine in 1979, he was a detective at UCLA from 1977-79, and a patrol officer and dispatcher at UC-Riverside from 1972-76.

Art for AIDS Auction, A West Coast First

West coast artists, collectors and galleries are working together for the first time to contribute valuable pieces of art to benefit five nonprofit Bay Area organizations in their fight against AIDS, including the UCSF AIDS Health Project.

The Art for AIDS Auction will be held on Saturday, October 11, at the Vorpal Gallery, 393 Grove Street. It will feature a selection of more than 200 works by a diverse group of distinguished painters, sculptors, printmakers and photographers, including Chagall, Picasso, Cocteau, David Goines and Robert Arneson. Donating galleries, so far, include Fraenkel, Jone Pence, Fuller Goldeen, Ivory Kimptom and Art Space and Weston.

A weeklong exhibit of the art will be held at the gallery beginning Monday, October 6. A special kick-off party for the event will be held Sunday, October 5, at 7:30 p.m. at the gallery. Tickets at $150 each can be obtained by calling 558-8163.

Different UC-Berk Shuttle Stop

If you want to meet the UCSF/UC-Berkeley shuttle, better not wait at 3rd and Parnassus after September 2. The shuttle stop as of that date will be in front of Langley Porter. Schedules are available on the shuttle or at the Transporation Office, LS 105, x61511.

Millberry Union Ticket Discounts

Discount tickets for the below events are on sale at Millberry Central Desk. For further information on all tickets call x62571.

- **Oakland Ballet Season Tickets.** Discount tickets at 10% off for faculty and staff, and 25% off for students, on sale Monday and Tuesday, September 8 and 9.
- **Cal Bear Season Tickets.** Discount tickets on sale now for faculty, staff and students.
- **San Francisco Symphony and Cal Bear Weekly Raffle.** Season tickets to be raffled beginning Friday, September 12, and every Friday until January. Purchase raffle tickets at Central Desk.

Theatrical Images Show

The latest exhibit at the Faculty/Alumni House, 745 Parnassus, is entitled "Theatrical Images—Past and Present." On display from September 2 to November 26, this Imago Theatre Art exhibit will include set and costume designs, prints, posters and other visual materials from the performing arts. Several recent and current Bay Area productions will be represented with highlights from ACT's "The Lady's Not for Burning" and Stanford's "Threepenny Opera."

The entire campus community is invited to attend an opening reception on Thursday, September 4, from 4:30 to 7 p.m.

UCSF *Newsbreak*

UCSF Volume 1, Number 2, August 30-September 12, 1986. Published by the University of California, Third and Parnassus, San Francisco, CA 23 issues per year—one every other week except for July, August, December, when there is one every three weeks. Application to mail at second-class postage rates is pending at San Francisco, CA, *UCSF Newsbreak*. Postmaster send address changes to News & Public Information Services, University of California, San Francisco, 532 Parnassus, Room 300, San Francisco 94143-0250.

Deadline for the next issue, which will cover Sept.13-26, will be Tuesday, Sept. 2. Please send campus copy to Allen Balderson and Medical Center news to Dawn Finch, both at the above address. Last-minute copy can be taken over the telephone by calling x61541 or x62557.

Michela Reichman, Assistant Chancellor—Communications

Managing editor: Allen J. Balderson
Designer: Henry Wachs
Med Center writer: Dawn Finch
Calendar, Gazette editors: Ann Guth, Don Hickerson
Production editor: Don McClelland

Gazette

Honors & Awards

Ira Goldstein, professor, medicine; chief, Division of Rheumatology, SFGH; director, Rosalind Russell Research Laboratory: Elected second vice president, American Rheumatology Association. He will serve as first vice president 1987-88, and as president 1988-89.

Donald Fink, interim chair, family & community medicine: Was an invited faculty member at the second Sino-US Workshop on Education & Culture, Shanghai, June 16-27.

Richard H. Guy, assistant professor, pharmacy & pharmaceutical chemistry: Appointed honorary professor, Welsh School of Pharmacy, University of Wales Institute of Science and Technology.

Mary Anne Kimble, vice chair & clinical professor, clinical pharmacy; assistant dean, student affairs, School of Pharmacy: Named associate editor, *Drug Therapy for the Elderly.*

Charles A. Gooding, professor, radiology & pediatrics; executive vice chair, radiology: Received the Ohio State University School of Medicine's 1986 Alumni Achievement Award.

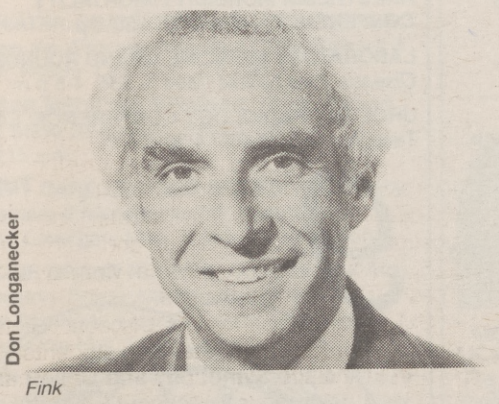
Marion Nestle, associate dean, School of Medicine: Will leave UCSF at the end of September to become senior nutrition advisor to the Office of Disease Prevention and Health Promotion, Department of Health and Human Services, Washington DC. Nestle also was an invited faculty member in Shanghai with Fink.

Janet Fries

Goldstein

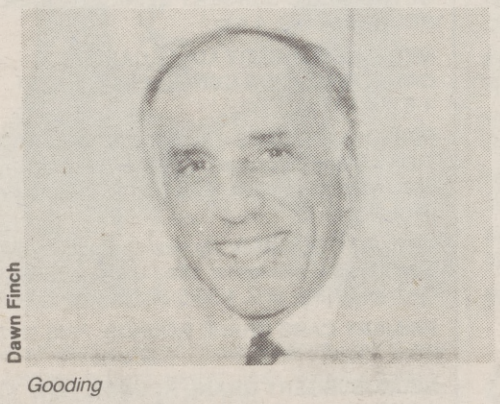
Robert Foothorap

Kimble



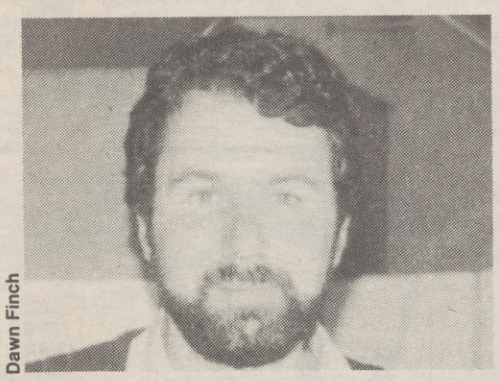
Don Longanecker

Fink



Dawn Finch

Gooding



Dawn Finch

Guy

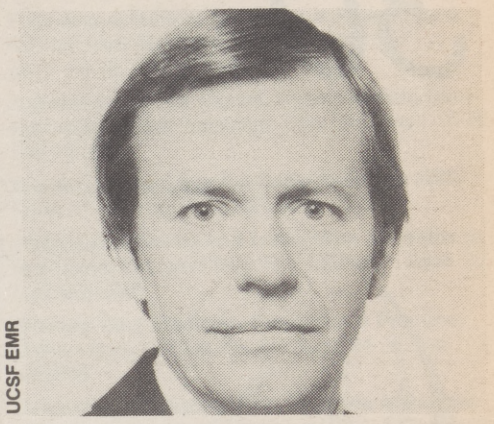
Robert Foothorap

Nestle

Appointments

Dorith Hertz

Francis

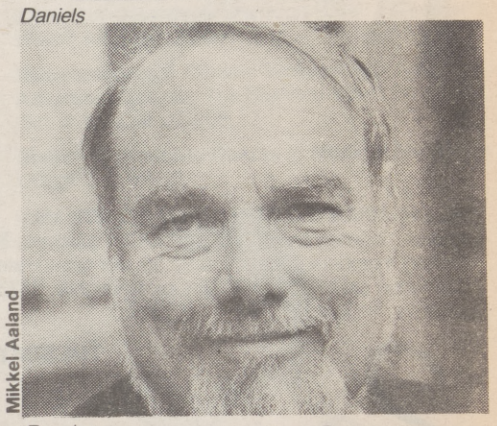


UCSF EMR

Daniels

Charles H. (Chick) Francis: Assistant vice chancellor, staff personnel services. UCSF personnel manager since 1980, he previously was director of personnel and auxilliary services at Sangamon State University in Springfield, Illinois. Francis has served on many systemwide committees including the MAP Program Task Force and the UC/AFSCME Bargaining Team.

Troy E. Daniels: Chair, Division of Oral Pathology, Department of Stomatology, School of Dentistry. A 1967 graduate of the School of Dentistry, he received his masters in oral biology and immunology from UCSF in 1973. That same year he became an assistant professor and in 1981 a professor of oral medicine and oral pathology. He has been a director of the UCSF Sjogren's Syndrome Clinic since 1979. Daniels primary research interest is the immunopathology of chronic inflammation in human salivary gland and oral mucosal diseases. He is a fellow of the American Academy of Oral Pathology and associate editor of the *Journal of Oral Pathology.* In 1977 he received the Academic Senate's Distinguished Teaching Award.



Mikkel Aaland

Beasley

R. Palmer Beasley: Professor of medicine and epidemiology & international health; chief, epidemiology and communicable diseases, SFGH. He comes to UCSF from the University of Washington where he was director of the research unit in Taipei, Taiwan, and a research professor in epidemiology. His research focused on hepatitis B, especially its transmission from mothers to babies and how it causes liver cancer. In 1984 Beasley received the University of Washington Distinguished Alumnus Award and in 1985 the King Faisal International Prize in Medicine. He was a visiting professor of Public Health at the National Taiwan University from 1972-1986 and at the National Yang Medical College from 1983-1986.

Service Award Recipients

Service awards are issued on staff members' tenth anniversary of employment (or longer, in increments of five years). Names are provided by Personnel as awards are processed. Campus and Medical Center departments should send criteria to Personnel as employees become eligible for service awards.

Sara Burke, 10 years, Extended Programs

Gloria Dela Cruz, 10 years, School of Pharmacy

Gerald Hoynes, 15 years, Library

Barbara Jones, 15 years, Student Housing

Wah Jung, 10 years, Nutrition & Dietetics

Nancy Kwan, 10 years, Nursing

Carolyn Mata, 10 years, Nursing

Robert Moreland, 20 years, MU Recreation

Norma Sanchez, 15 years, Nursing

Julie Sekino, 15 years, Nursing

Doris Thompson, 20 years, Nursing

Inez Wieging, 20 years, Nursing

In Memoriam

Sadie Kaye. A psychology technician at SFGH from 1948 to 1953, she then became the UCSF administrative director of the US Agency for International Development project which trained faculty and re-established medical education at the University of Indonesia in Djakarta. Upon her return in 1960, she became assistant director of continuing education until her retirement in the mid-1970's. Kaye was the founding member of the UCSF Retirees' Association.

Promotions

Promotions are made available to this publication after they are processed by the Personnel Department.

Gilda Alas, clinical nurse III, kidney transplant unit.

Alan Allbright, office supervisor II, laboratory medicine-clinical labs.

Leslie Ayad, administrative assistant II, orthopaedic surgery.

Lynn Duncan, program assistant II, medicine.

Jacqueline Hoffman, data assistant III, ophthalmology.

Michelle Irving, clinical nurse III, general surgery.

Kimberly Kleeh, secretary II, nutrition & dietetics.

Diane Leifer, staff research assistant II, obstetrics/gynecology.

Michael Love, mail service supervisor, mailing division.

Thomas Mapp, programmer/analyst IV, hospital information systems.

Mary Marx, staff research associate II, microbiology & immunology.

Cheryl Michler, assistant head nurse, kidney transplant unit.

Hisako Minobe, secretary II, LPPI.

Wendy Ng, grants assistant II, neurology.

Adelheid Preschler, administrative assistant II, radiology.

Pauline Santana, senior admitting worker, hospital admissions.

Georganne Vuxton, clinical nurse III, medicine.

Steven Wallace, administrative assistant II, School of Dentistry dean's office.

Contracts & Grants Awarded

Uri Galili, CRI, S/M, $143,360, National Institute on Aging, *Anti-Gal IgG on Human Red Cells: A Model for Cell Aging.*

Harry K. Genant, radiology, S/M, $70,000, NASA/ Lyndon B. Johnson Space Center, *Measurement of Vertebral Mineral by Quantitative Computed Tomography.*

John S. Greenspan, stomatology, S/D, $59,303, UC Systemwide Administration, *Hairy Leukoplakia & Other AIDS-associated Lesions.*

Rudolf Grosschedl, microbiology, S/M, $133,042, National Institute of General Medical Sciences, *Developmental Regulation of Gene Expression in the Mouse;* $21,000, UC Systemwide Administration, *Propagation of the State of Gene Expression During Cell Differentiation.*

Francine E. Halberg, radiation oncology, S/M, $21,000, UC Systemwide Administration, *Intraoperative Radiotherapy with Diminished Duodenal Toxicity: Radioprotection with WR2721 vs. Surgical Defunctionalization.*

John Hopkin, LPPI, $53,187, SF City & County, *AIDS Antibody Alternate Test Site Management/UCSF AIDS Health Project.*

Thomas Horiagon, medicine, SFGH, S/M, $20,000, American Lung Association - CA Research & Medical Education Fund, Postdoctoral fellowship sponsor: Philip Hopewell.

Stephen B. Hulley, epidemiology & international health, S/M, $385,214, National Heart, Lung & Blood Institute, *HV, Diuretics, Hypertension and Arrhythmias: Clinical Trial.*

Thomas L. James, pharmaceutical chemistry, S/P, $21,000, UC Systemwide Administration, *Tumor Therapy Response Monitored by Nuclear Magnetic Resonance.*

Alexander D. Johnson, microbiology, S/M, $132,553, National Institute of General Medical Sciences, *Mechanisms of Action of Yeast Transcriptional Regulators;* $19,084, UC Systemwide Administration, *Is Transcription Mutagenic in Yeast & Mammalian Cells?*

Peter A. Kollman, pharmaceutical chemistry, S/P, $12,000, Du Pont De Nemours & Company, E.I., *Research in Medicinal Chemistry.*

Thomas B. Kornberg, biochemistry, S/M, $14,103, UC Systemwide Administration, *A Search for Immortalizing Functions in Drosophila Cells.*

Norman Kretchmer, pediatrics, S/M, $32,160, San Francisco Foundation, *Nutritional Evaluation & Education of New Immigrants.*

Stephen J. Lai-Fook, CVRI, S/M, $113,483, National Heart, Lung & Blood Institute, *Pleural Liquid Exchange and Lung Mechanics.*

David A. Larson, radiation oncology, S/M, $11,487, UC Systemwide Administration, *Magnetic Resonance Evaluation of Melanoma Tumors & Changes.*

Philip R. Lee, Institute for Health Policy Studies, S/M, $62,000, Stuart Foundations, *A Proposal to Foster School-Based Comprehensive Health Services for Secondary Schools in the San Francisco Bay Area.*

Dan R. Littman, microbiology, S/M, $104,930, National Institute of Allergy and Infectious Diseases, *Gene Expression in T Lymphocytes;* $220,000, American Cancer Society, Inc., *Role of the T11 Gene in T Cell Activation.*

John Mills, medicine, SFGH, S/M, $1,407,679, National Institute of Allergy & Infectious Diseases, *The Establishment of AIDS Treatment Evaluation Units - Part A, Candidate Drugs; Part B, Treatment & Prevention;* $52,011, UC Systemwide Administration, *AIDS Retrovirus & CMV Infection of Human Macrophages.*

William C. Mobley, neurology, S/M, $67,740, National Institute Neurological & Communicative Diseases, *Nerve Growth Factors: Trophic Effects on CNS Neurons.*

Richard M. Myers, physiology, S/M, $147,191, National Institute of General Medical Sciences, *Regulation of Globin Gene Expression.*

Patrick H. O'Farrell, biochemistry, S/M, $138,644, National Institute of General Medical Sciences, *Molecular Determinants of Developmental Fate;* $20,807, UC Systemwide Administration, *Molecular Manipulation of Expression of Regulators Controlling Embryonic Pattern in Drosophila.*

Kent R. Olson, clinical pharmacy, S/P, $9,000, CA State Department of Health & Welfare, *Establishment of a Toxics Enquiry Data Base at the San Francisco Bay Area PCC.*

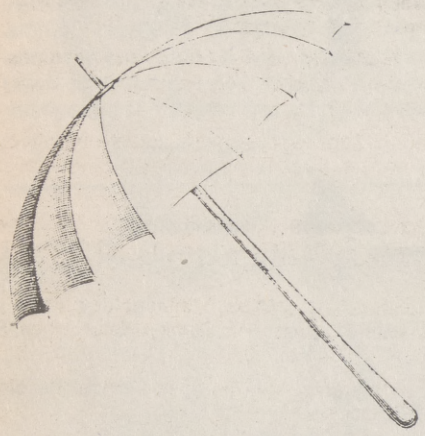
Lenore Pereira, stomatology, S/D, $79,662, Institute Merieux - Marcy l'Etoile, *CMV Clycoprotein Gene Mapping.*

B. Matija Peterlin, medicine, S/M, $61,387, UC Systemwide Administration, *AIDS-Related Virus Transactivation.*

Alfonso L. Pogolotti, pharmaceutical chemistry, S/P, $75,000, National Science Foundation, *The Catalytic Mechanism of EcoRI DNA Methylase.*

Today/Tomorrow

30 SATURDAY



CAL CHILDREN'S SUMMER FILM SERIES: *Mary Poppins.* Children under 12 $1.50, UCSF students & Millberry members $2, general $2.50. For group rate information call x62571. UCSF-Laurel Heights, 3333 California. 11 a.m.

2 TUESDAY

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS. C 701. 8 a.m.

SFGH ORTHOPAEDIC SURGERY GRAND ROUNDS. Rm. 4H2, SFGH. 8 a.m.

COMBINED MODALITY BREAST CANCER CONFERENCE. Surg. Clin. Conf. Rm., 6th fl. A. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Carr Aud., SFGH. 8:30-10 a.m.

MOBILE MAMMOGRAPHY SCREENING SCHEDULE

Women now can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient shopping or downtown locations in San Francisco and remains for a week at a time.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes and costs only $40. To make an appointment call 990-0459 or 476-2193 between 9 a.m. and 3:30 p.m.

The van will be at the following locations for the next two weeks:

Sept. 2-5: California between Steiner and Fillmore. (Mon. is a holiday.)

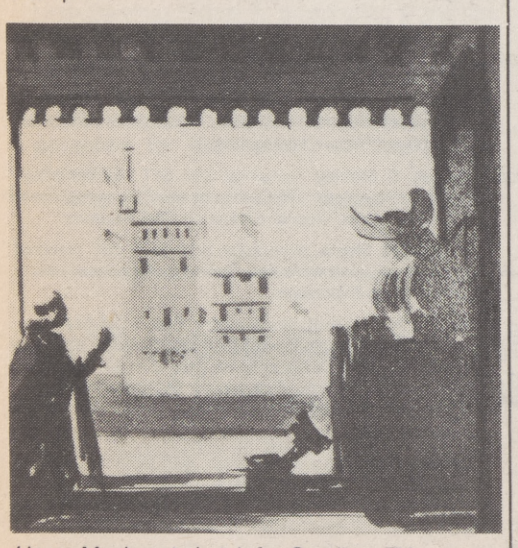
Sept. 8-12: Taraval Safeway between 17th & 18th Ave.

SFGH MEDICINE GRAND ROUNDS: *Delta Hepatitis Infection.* Ferruchio Bonino, Gastro., Molinette Hosp., Turin, Italy. Carr Aud., SFGH. 11:30 a.m.

OBSTETRICS/PEDIATRICS & ANESTHESIOLOGY CONFERENCE: Julian T. Parer, Ob/Gyn; Roderic H. Phibbs, Ped. & CVRI; Sol Shnider, Anes. & Ob/Gyn. M 1486. Noon.

RETIREMENT INFORMATION TALK: General information on basic & voluntary retirement plans. N 517. Noon.

SFGH GI—MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 3:30 p.m.



Henry May's set sketch for Omnibus TV production, "The Birth of Modern Times."

PERFORMING ARTS EXHIBIT SEPT 2-NOV 26

Theatrical Images — Past and Present. Visual materials from the performing arts. UCSF Faculty/Alumni House. Opening reception Sept. 4.* (See page 2 for details.)

3 WEDNESDAY

HAND SURGERY CONFERENCE: *Nerve Injuries.* Richard Kofkoff, Plast. Surg. Rm. 4H40, SFGH. 7-8 a.m.

MULTIDISCIPLINARY TUMOR BOARD: L 34. 7:30 a.m. Call Lourdes Saenz, coordinator, x61662.

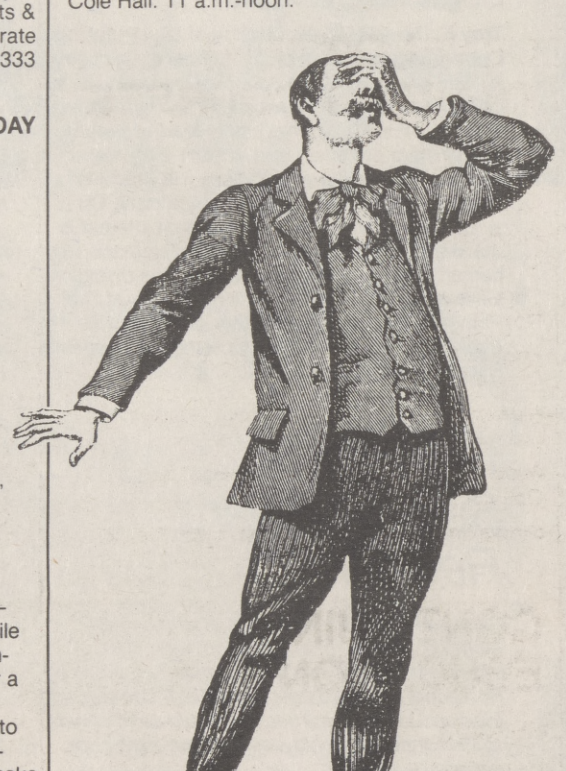
PSYCHIATRY GRAND ROUNDS: *The Varied Presentation of Alzheimer's Disease.* Alzheimer Center Staff. LPPI Aud. 8-9 a.m.

NUCLEAR MEDICINE SEMINAR: *Low Level Radiation.* Jacob Fabrikant, Radiol. & Grad. Grp. Biophys. C 710. 8:15-9:15 a.m.

NEW EMPLOYEE ORIENTATION: *UCSF Policy, Procedures & Benefits.* Presented every other Tues. All new employees are urged to attend. S 214. 8:30 a.m.-noon. To register call x61645.

PRIMARY CARE LECTURE SERIES: *Insulin Dependent and Non-Dependent Diabetes.* John Karam, Clin. Endocrin. A 455. 10 a.m.-noon.

MEDICINE GRAND ROUNDS: *Recurrent Staphylococcal Infections.* Richard K. Root, Med. Cole Hall. 11 a.m.-noon.



BROWN BAG TOURS LECTURE SERIES: *Getting Along With Difficult People.* Jerry Johnson, Johnson Communications Group. Tapes of all talks available for listening in HSE 345, SIMA unit, UCSF Library. Call x64394. HSW 300. Noon.*

UCSF AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

UROLOGY CONFERENCE: *Kidney Tumors: Current Concepts in Management.* Rudi Hohenfellner, Uro., U Mainz, West Germany. HSW 300. 2-4 p.m.

TRISERVICES CARDIOLOGY CONFERENCE. C 130. 4-5 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

SFGH GI-MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *The Autopsy: Moribund Art or Vital Science?* Kent Bottles, Path. HSW 508. 5:15-6:15 p.m.

4 THURSDAY

SFGH NEUROLOGY-NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H40, SFGH. 8:30 a.m.

PEDIATRIC GRAND ROUNDS: *Health Problems of Homeless Youth.* Richard Brown, Ped., SFGH. *Human Papilloma Virus in Infants & Adolescents.* Barbara Moscicki, Ped. S 664. 8:30 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Cobalt Epidemiology.* Christer Hogstedt, Sweden. A 455. 8:30-10 a.m.

NEUROLOGY GRAND ROUNDS: *Transient Monocular Blindness.* Stephen Sagar, VAMC Neuro. S 664. 11 a.m.-12:05 p.m.

UCSF RAPE PREVENTION EDUCATION PROGRAM: *Women-Hating, Racism and Violence in the Top-40.* Alix Dobkin, musician. Co-sponsored by UCSF Lesbian-Feminist Network. HSW 300. Noon.*

SFGH FAMILY PRACTICE MORBIDITY & MORTALITY CONFERENCE: *Pulmonary Sickle Cell Crisis.* Stephen Embury, Hematol., SFGH. Carr Aud., SFGH. 12:30-1:30 p.m.

NEURO-ONCOLOGY CONFERENCE. L 34. 12:30-2 p.m.

COMBINED HEMATOLOGY/ONCOLOGY ROUNDS. M 1296. 1:30-2:30 p.m.

ORTHOPAEDIC SURGERY CLINICAL GRAND ROUNDS. A 630. 4 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1161. 4-6 p.m.

PERFORMING ARTS EXHIBIT OPENING RECEPTION: *Theatrical Images—Past & Present.* Faculty/Alumni House. 4:30-7 p.m.* (See story page 2.)

UROLOGY SEMINAR: *Radical Cystectomy: What is New?* Rudi Hohenfellner, Uro., U Mainz, West Germany. HSW 300. 4:30-5:30 p.m.

PRIMARY CARE GRAND ROUNDS: *PMS Update.* Carol Jessop, Med. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

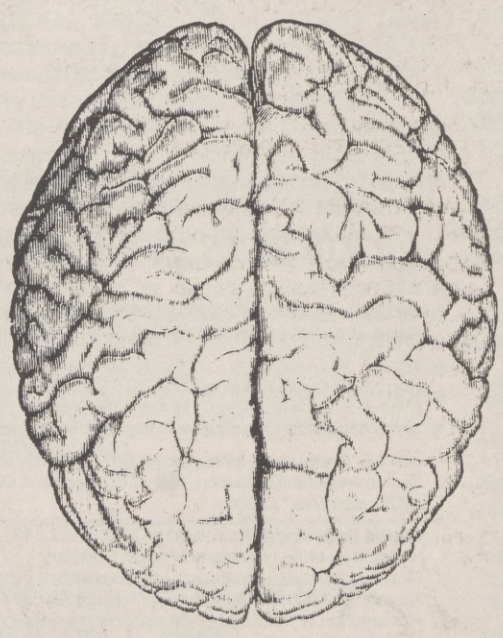
PLASTIC SURGERY LECTURE SERIES: Death & Complications Conference. HSW 300. 6-7 p.m.

5 FRIDAY

SFGH MAXILLOFACIAL TRAUMA CONFERENCE: *Dental Injuries.* Rm. 4H40, SFGH. 7 a.m.

PULMONARY PHYSIOLOGY SEMINAR: *Exercise.* John M. Luce, Med. & Anes. L 1361. 8-9 a.m.

PEDIATRIC CHIEF OF SERVICE ROUNDS. M 666. 9 a.m.



CLINICAL NEUROLOGY CONFERENCE. A 884. 11 a.m.

PATHS OF HEALING & WHOLENESS SEMINAR: *Biofeedback Therapy.* Peter Behel. N 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

6 SATURDAY

UROLOGY GRAND ROUNDS: *Urolithiasis: Current Concepts & New Technology.* Rudi Hohenfellner, Uro., U Mainz, West Germany. HSW 300. 10-11 a.m. Preceded by Death & Complication Reports & Selected Cases. 8:30-10 a.m.

8 MONDAY

HOSPITALS AUXILIARY EXHIBIT: On display for the month of September in the lobby of Moffitt/Long Hospitals will be photos by David Schneider, Robert O'Connell and Kioko Ohwaki and water colors by Valerie Hendrix. A portion of all proceeds benefits patients at the Medical Center at UCSF. To purchase or reserve work, visit the Auxiliary Office, M 181, 10 a.m.-2 p.m., or call x64906.

OTOLARYNGOLOGY DEPARTMENTAL ROUNDS. S 214. 8-10 a.m.

DERMATOPHARMACY SEMINAR: *Irritation & Inflammation in the Edge.* J. Polansky, Oph. S 940. Noon.

OVEREATERS ANONYMOUS MEETING: N 417. Noon. Call Dolores Phillips, 929-8651.*

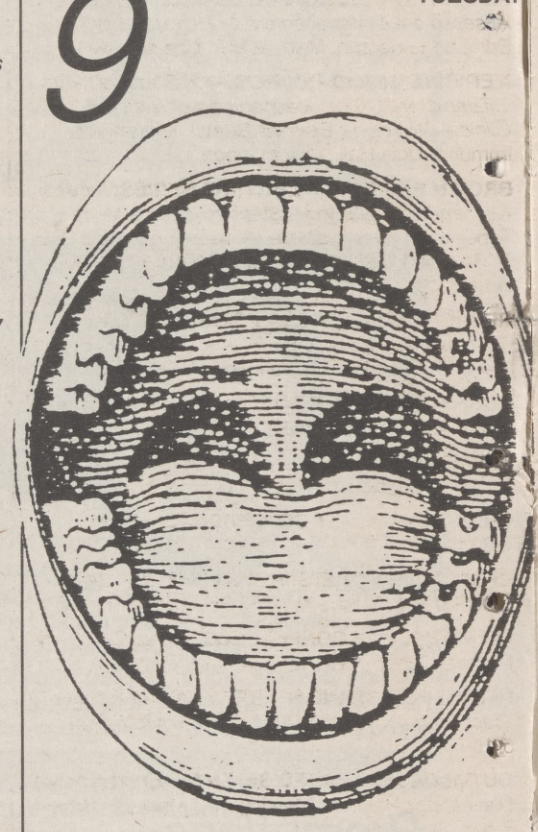
LABORATORY MEDICINE CORE CURRICULUM: *Lab Diagnosis of Agents of Colitis & Gastroenteritis.* Mary York, Lab. Med. L 535. 2-3:30 p.m.

ANESTHESIA MORBIDITY/MORTALITY CONFERENCE. HSW 301. 3:30-5 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *Lyme Disease.* Paul LaVoie, Med. L 535. 4-5 p.m.

UROLOGY RADIOLOGY CONFERENCE: Emil A. Tanagho, Uro. M 460. 4:30-6 p.m.

9 TUESDAY



ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Radiation Changes in the Oral Cavity & their Management.* William Wescott, Dent., VAMC. C 701. 8 a.m.

SFGH ORTHOPAEDIC SURGERY GRAND ROUNDS. Rm. 4H2, SFGH. 8 a.m.

COMBINED MODALITY BREAST CANCER CONFERENCE. Surg. Clin. Conf. Rm., 6th fl. A. 8 a.m.

NEW EMPLOYEE ORIENTATION: *UCSF Policy, Procedures & Benefits.* Presented every other Tues. All new employees are urged to attend. S 214. 8:30 a.m.-noon. To register call x61645.

SFGH PEDIATRIC GRAND ROUNDS. Carr Aud., SFGH. 8:30-10 a.m.

OBSTETRICS/GYNECOLOGY GRAND ROUNDS: *Ethical Issues in High-Risk Obstetrics.* Robert Nelson, CVRI. S 1364. 9 a.m.

INTRODUCTION TO THE MEDICAL CENTER AT UCSF: For new employees at the Medical Center at UCSF. Presented every other Tuesday. M 169. 10 a.m.-3 p.m. Supervisors call Richard, x62316.

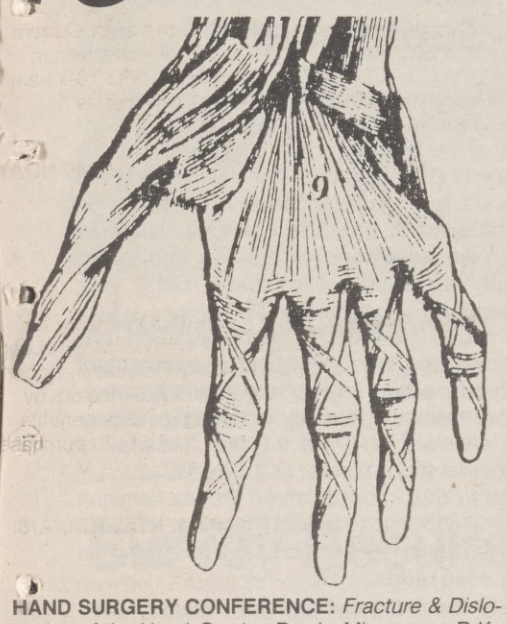
SFGH MEDICINE GRAND ROUNDS: *Alcoholic Hepatitis.* Scott Friedman, Med. Carr Aud., SFGH. 11:30 a.m.

OBSTETRICS/PEDIATRICS & ANESTHESIOLOGY CONFERENCE: Julian T. Parer, Ob/Gyn; Roderic H. Phibbs, Ped. & CVRI; Sol Shnider, Anes. & Ob/Gyn. M 1486. Noon.

SFGH GI-MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 3:30 p.m.

Aug. 30-Sept. 12, 1986

10 WEDNESDAY



HAND SURGERY CONFERENCE: *Fracture & Dislocation of the Hand.* Gordon Brody, Microsurg., R.K. Davies. Rm. B 2&3, R.K. Davies. 7-8 a.m.

MULTIDISCIPLINARY TUMOR BOARD: L 34. 7:30 a.m. Call Lourdes Saenz, coordinator, x61662.

DERMATOLOGY GRAND ROUNDS: *Dermatoses of Pregnancy* and *Physical Urticarias.* Martin & Anna Black, Derm., U London. HSW 302. 8-9 a.m.

PSYCHIATRY GRAND ROUNDS: *A Case Presentation from the Affective Disorders Clinic.* Richard A. Lannon, Psychr. LPPI Aud. 8-9 a.m.

NUCLEAR MEDICINE SEMINAR: *Dementia and Prions.* Steve DeArmond, Path. L 340. 8:15-9:15 a.m.

PRIMARY CARE LECTURE SERIES: *Ambulatory Assessment & Management of Hypertension.* Edmund Lonergan, Med. A 455. 10 a.m.-noon.

MEDICINE GRAND ROUNDS: *Non-Steroidal Anti-inflammatory Drugs: Mechanisms of Action & Clinical Strategies.* Edward Goetzl, Microbio. & Immuno. Cole Hall. 11 a.m.-noon.

BROWN BAG TOURS LECTURE SERIES: *What's New in Plastic Surgery?* Stephen J. Mathes, Surg. Tapes of all talks available for listening in HSE 345, SIMA unit, UCSF Library. Call x64394. HSW 300. Noon.*

REPRODUCTIVE BIOLOGY SEMINAR: *The Switched on Sperm.* Lynn Fraser, Anat. & Human Genet. King's Col., London. HSE 1309. Noon.

UCSF AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon.*

CARDIOSERVICES CARDIOLOGY CONFERENCE. C 130. 4-5 p.m.

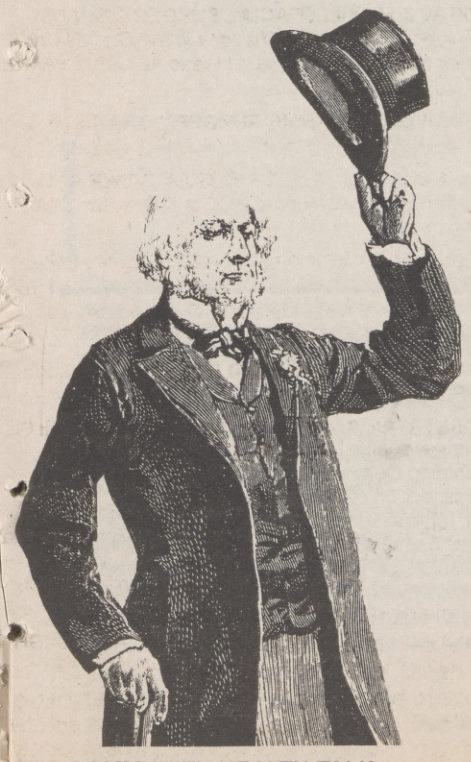
CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

SFGH GI-MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

GU PATHOLOGY CONFERENCE: *Renal Pathology.* Michael Cohen, Path. M 460. 4:30-6 p.m.

PATHOLOGY GRAND ROUNDS: *Lower Urinary Tract Pathology.* Keith Duncan, Path. HSW 508. 5:15-6:15.

OUTDOORS UNLIMITED SEMINAR: Environmental Discoveries Network Meeting. MU Madrone Rm. 7 p.m.*



FREE COMMUNITY HEALTH TALK

Unmasking Current Myths about Aging. Judith B. Cohen, Med. UCSF-Laurel Heights. 7:30-9 p.m. Free parking available. Call x63206.*

11 THURSDAY

SFGH NEUROLOGY-NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Case Presentation in Retina.* Alexander Irvine, Oph. S 214. 8:15 a.m.

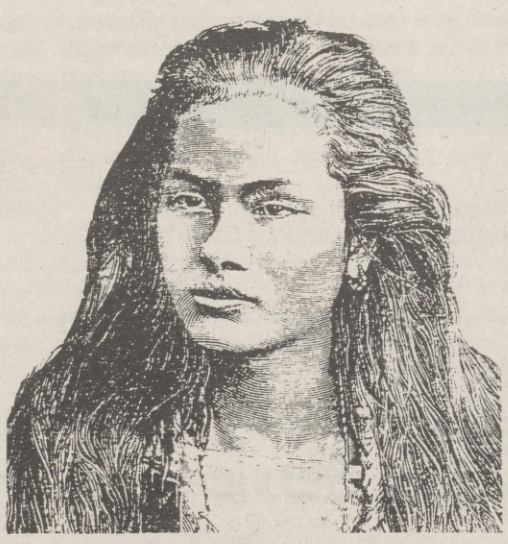
SFGH TRAUMA CENTER CONFERENCE: Rm. 4H40, SFGH. 8:30 a.m.

PEDIATRIC GRAND ROUNDS: *New Agents in Gastroenteritis.* John Mills, Med. *Recent Advances in Viral Diagnosis & Therapy.* Mary York, Lab. Med. S 664. 8:30 a.m.

SFGH NORTHERN CALIFORNIA OCCUPATIONAL MEDICINE GRAND ROUNDS: *Predictive Value of Drug Abuse Testing.* John Osterloh, Med. Carr Aud., SFGH. 8:30-10 a.m.

NEUROLOGY GRAND ROUNDS: Topic to be announced. David Greenberg, Gallo Cntr. S 664. 11 a.m.-12:05 p.m.

UCSF/MOUNT ZION GERIATRIC GRAND ROUNDS: *Diabetes in the Elderly.* Marvin Siperstein, Med. Herbst Hall, Mount Zion. Noon.



UCSF WOMEN'S RESOURCE CENTER LECTURE: *The Heroine in Everywoman.* Jean Shinoda Bolen, Psych. Toland Hall. Noon-1 p.m.

SFGH FAMILY SYSTEMS GRAND ROUNDS: *Drug Use, Drug Abuse & the Health Care Provider.* Ronald Goldschmidt, Med. & FCM. Carr Aud., SFGH. 12:30-1:30 p.m.

PEDIATRIC TUMOR BOARD. L 34. 11 a.m.-12:15 p.m.

NEURO-ONCOLOGY CONFERENCE. L 34. 12:30-2 p.m.

UCSF TAX SEMINAR: *Taking Advantage of the New Tax Law.* Tax attorney Steve Kornetzsky. Cole Hall. 1:30 p.m. Call x69256. (See Benefits, page 5, for latest tax information.)

VOLUNTEER ORIENTATION: To acquaint new & prospective volunteers with opportunities at the Medical Center at UCSF. C 130. 1:30 p.m.

COMBINED HEMATOLOGY/ONCOLOGY ROUNDS. M 1296. 1:30-2:30 p.m.

ORTHOPAEDIC SURGERY CLINICAL GRAND ROUNDS. A 630. 4 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1161. 4-6 p.m.

PRIMARY CARE GRAND ROUNDS: *Breast Cancer.* Brian Lewis, Med. A 455. 4:30 p.m.

RADIATION ONCOLOGY CHAIRMAN'S RESEARCH CONFERENCE: *Efficacy of Postoperative Irradiation for Incompletely Excised Acoustic Neuromas.* Kent Wallner, Rad. Onc. L 34. 5 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

PLASTIC SURGERY LECTURE SERIES: *Forehead Lift.* John Q. Owsley, Jr., Surg. Faculty/Alumni House. 6-8 p.m.

UROLOGY CONFERENCE: Journal Club. Richard A. Schmidt & Jack W. McAninch, Uro. 6312 Shelter Creek Lane, San Bruno. 6:30 p.m.

12 FRIDAY

SFGH MAXILLOFACIAL TRAUMA CONFERENCE. Rm. 4H40, SFGH. 7 a.m.

RADIATION ONCOLOGY GRAND ROUNDS: *Role of MRI & CT Scans in the Management of Head & Neck Cancer.* William Dillon, Radiol. L 34. 8 a.m.

PULMONARY PHYSIOLOGY SEMINAR. L 1361. 8-9 a.m.

PEDIATRIC CHIEF OF SERVICE ROUNDS. M 666. 9 a.m.

CLINICAL NEUROLOGY CONFERENCE. A 884. 11 a.m.

PATHS OF HEALING & WHOLENESS SEMINAR: *Transcendental Meditation.* Bill Firestone. N 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

DEVELOPMENT & TRAINING COURSES

Call x64032.

Labor Relations: Supervisory Series. Tues., Oct. 7-21.

Financial Planning Seminars Overview. Wed., Oct. 8.

Supervisors Training Program. Wed., Oct. 8-Nov. 12.

English As A Second Language. Wed. & Fri., Oct. 15-Dec. 19.

Materiel Management Workshop. Thurs.-Fri., Oct. 16-17.

Performance Evaluation Workshop. Thurs., Oct. 23.

Stress Management Workshop. Tues., Oct. 28.

CONTINUING EDUCATION

NURSING

Call x62993.

Making the Transition to CN III. N 729. Sept. 4.

Heart Savers for Nursing Assistants. N 229A. Sept. 5

Chemotherapy Workshop. N 721. Sept. 5.

Basic Arrhythmia I. M 980. Sept. 16.

Advanced Concepts in Pediatric Nursing. Call for locations. Sept. 18, 19 & 26.

Advanced Vascular Conference. LPPI Aud. Sept. 22

Left Ventricle Assistant Device. Location to be announced. Sept. 22.

Basic Arrhythmia II. M 980. Sept. 23.

DENTISTRY

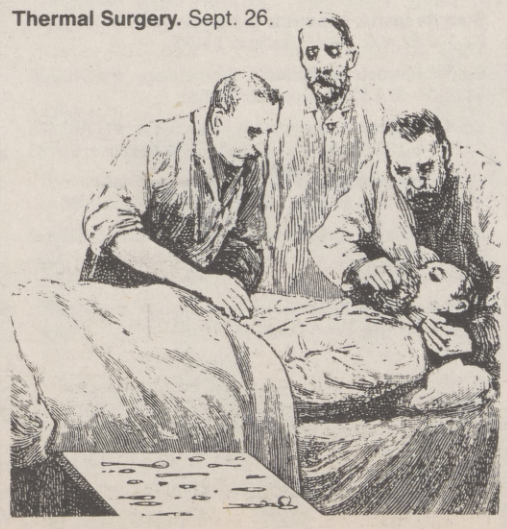
Held in C 701. Call x61101.

Team Approach to Managing Periodontal Diseases. Sept. 13

Endo 1986. Sept. 19.

Emergency Medicine in Dentistry. Sept. 20.

Thermal Surgery. Sept. 26.



Sedation-Patient Management in Dentistry. Oct. 10.

Selected Topics in Stomatology. Oct. 11.

Surgical & Nonsurgical Techniques in Controlling Periodontitis. Oct. 18.

Craniofacial Pain/TMJ Symposium. Oct. 24-25.

MEDICINE

Call x64251 unless otherwise noted.

Fifth Annual Recent Advances in Pulmonary & Critical Care Medicine. Hotel Meridien, SF. Sept. 18-20. Call x65208.

Conference on the Family: Understanding Common Adolescent Problems. Cole Hall. Sept. 18-20. Call x61482.

Developing Services for Comprehensive AIDS Care. St. Francis Hotel, SF. Sept. 19-20.

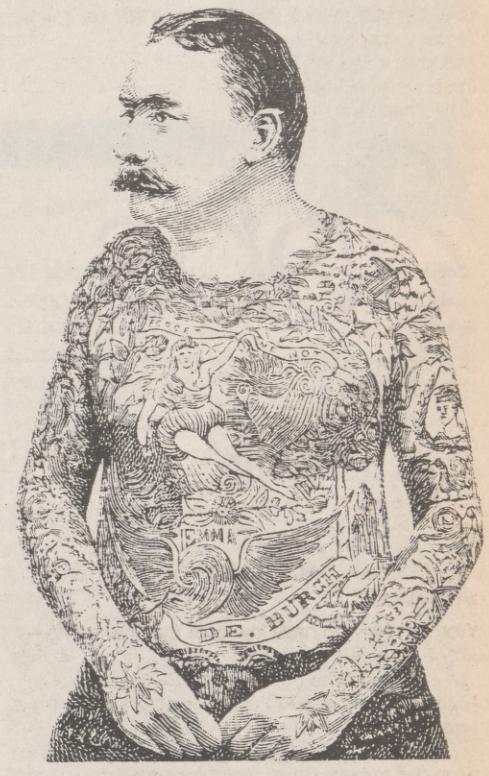
Asbestos: Working and Living With Asbestos in the Home. McLaren Bldg. Rm. 250, USF. Sept. 20. Call 642-5507.

Primary Care Medicine: Principles & Practice. Golden Gate Holiday Inn, SF. Sept. 24-26. Call x65208.

Advances in Treatment of Leukemia & Marrow Stem Cell Disorders. Sheraton Hotel, Fisherman's Wharf, SF. Sept. 25-26.

Rheumatology & Clinical Immunology: An Advanced Course. The Stanford Court Hotel, SF. Oct. 7-10. Call x65208.

Sixth Postgraduate Course in Medical Mycology. UCSF. Oct. 10-12.



The Skin from A to Z. UCSF. Oct. 11-12.

Risk Factors for Cardiovascular Disease: Hypertension, Lipids and Diabetes. Holiday Inn Union Square, SF. Oct. 15-17.

Practical Topics in Pediatric Nutrition. San Franciscan Hotel, SF. Oct. 16-18.

Advances in Endocrinology & Metabolism. Holiday Inn Union Square, SF. Oct. 17-19.

Current Topics in Occupational Medicine. Cathedral Hill Hotel, SF. Oct. 27-31. Call x65208.

Legal Issues in Medical Practice. Sir Francis Drake Hotel, SF. Nov. 7-8. Call x61482.

RADIOLOGY

Call x65731.

Clinical Magnetic Resonance Imaging. Hyatt Regency, SF. Sept. 8-12.

Magnetic Resonance Imaging for Technologists. Hyatt Regency, SF. Sept. 13-14.

Spine Update: 1986. Hyatt Regency, SF. Sept. 17-19.

International Conference. Fairmont Hotel, SF. Oct. 23-25.

Diagnostic Radiology Seminars. Maui Marriott. Nov. 3-7.

HELP ELIMINATE SCHEDULING CONFLICTS

In order to help the campus avoid conflicts in scheduling important events, the News & Public Information Services Department has a computerized calendar. It is suggested that faculty, students and staff call x61541 when they are planning an event to make sure nothing has been scheduled for that date. Please note that in order to reserve campus conference rooms and auditoriums, it is still necessary to call Millberry Union at x62571, Room Reservations at x64436, Faculty/Alumni House at x64723, Laurel Heights at x68100 or the individual school or department.

Benefits

1986 Tax-deferred Savings: Do It Now

With just a few more pay periods left in 1986, now is the time to decide whether you still want to get in on a tax-deferred savings plan for this year.

This is especially true in light of the changing tax laws.

For instance, we already know that IRA's will never be the same after this year. This retirement savings vehicle, which has allowed a fully tax-deductible contribution of up to $2,000 a year to accumulate on a tax-deferred basis until the money is withdrawn, no longer will be available to those covered by a basic retirement plan at work (unless you make less than $25,000 a year, or $40,000 for joint filers).

But the new rules won't go into effect until next year, so any 1986 contributions to an IRA still will be deductible no matter what your circumstances. (Some conservative tax counselors are suggesting that you make your IRA contributions for 1986 by December 31 instead of waiting until April 15, 1987.)

Although it first appeared that our 403(b) savings plan — which is like an IRA, only better — would emerge from the tax reform untouched, the latest tax proposals indicate otherwise. Again, contributions you make before the end of the year will fall under the current tax code.

As it is now, 403(b) allows you, as an employee of a non-profit organization, to contribute up to 20% right off the top of your gross salary — *before taxes.*

In other words, if you make $25,000 a year and choose to contribute the maximum 20%, you will pay taxes on only $20,000 for the year.

Like an IRA, your 403(b) savings then grows on a tax-deferred basis. Since your interest in not gobbled up by taxes, you earn more interest on your interest in a lucrative syndrome called compounding.

Lump sum payments after the end of the tax year are not permitted with 403(b), but you can "make up" for months gone by with payroll deductions — totalling up to 20% of your annual salary — from your remaining paychecks in 1986.

(If you have so much extra money you want to go for both the 403(b) and an IRA, that's allowable under the current tax code. Just remember 403(b) contributions can be deducted from both Federal *and* State taxes; IRA's only Federal.)

No one is saying that 403(b) is going to disappear under the tax reform. It's likely, however, that this traditionally advantageous savings plan is headed for a less liberal future. In other words, those who hesitate may not be lost, but those who move quickly may find themselves with an extra lump of savings.

If you decide to move quickly, your first step is to see your department's benefits rep. If you want to keep abreast of the changing tax climate, keep your eye on this column.

"Taking Advantage of the New Tax Law" —September 11

Here's a great opportunity to get the jump on "life after tax reform": On Thursday, September 11, from noon to 1:30 in Cole Hall, the Office of Benefits and Financial Planning will present tax attorney Steve Kornetzsky on the subject of how the individual taxpayer can take advantage of the tax reform. All faculty and staff are welcome. Bring your questions.

If you're interested in all the latest on how the new tax code will affect our retirement program, attend one of the monthly retirement sessions offered by the Benefits Office. The sessions are held the first Tuesday of every month from noon to 1 in N 517.

For further information on the tax seminar, call the Office of Financial Planning, x69256; on the retirement sessions, call the Benefits Office, x61400.

Jobs

The Personnel Department, located at 1350 Seventh Avenue, is open to receive applications every weekday from 8 a.m. to 5 p.m. with extended hours on Wednesdays, 8 a.m. to 6:30 p.m. Details of jobs listed below are available in the UCSF Employment Opportunities flyers. Copies are distributed campuswide and also are posted at the Employment Office and in the main lobby of Moffitt Hospital.

Key:
UNION CODES: CX - Clerical and Allied Services
AFSCME EX - Patient Care Technical
SX - Service
CNA NX - Registered Nurses

Academic

The Senior Vice Chancellor - Academic Affairs distributes an Academic Employment Opportunities bulletin on a monthly basis to all UCSF departments. You may obtain a complete description of open academic positions from Academic Services, Room U 162, UCSF. Positions are located on the Parnassus campus unless otherwise noted.

Assistant Clinical Professor. AIDS/Oncology Division, Medicine. SFGH. #M-682. Open until filled.

Assistant Professor in Residence. Radiology. VAMC. #M-683. Open until filled.

Assistant Professor in Residence. (2 positions). Radiology. #M-685 Open until filled.

Assistant Professor in Residence. Neurological Surgery. #M-687. Open until filled.

Assistant Research Cell Biologist. Intestinal Immunology Research Center, Medicine. VAMC. #M-688. Open until filled.

Assistant/Associate Professor in Residence (3 positions). Anesthesia. #M-689. Open until filled.

Associate/Full Professor. Radiology. #M-690. Open until filled.

Assistant Professor in Residence. Radiology. VAMC. #M-691. Open until filled.

Associate/Full Professor. Psychiatry/LPPI. #M-692. Filing Deadline: 1/1/87.

Associate/Full Professor in Residence or Associate/Full Clinical Professor. Psychiatry. VAMC, Fresno. #M-693. Open until filled.

Professor. Pathology. #M-694. Open until filled.

Assistant Research Chemist. Contrast Media Lab, Radiology. #M-695. Open until filled.

Assistant Professor in Residence. Infectious Diseases Division. #M-697. Open until filled.

Assistant Clinical Professor. Pediatric Immunology/Rheumatology Unit, Pediatrics. #M-698. Open until filled.

Assistant/Associate Professor in Residence. Radiology. SFGH. #M-699. Open until filled.

Assistant Professor in Residence. Division of Rheumatology. SFGH. #M-700. Open until filled.

Associate Specialist. Physiology. #M-701. Open until filled.

Associate/Full Professor. Division of Geriatrics/Gerontology. #M-702. Open until filled.

Assistant/Associate/Full Professor (Ladder Rank/In Residence/Clinical). Anesthesia. #M-703. Open until filled.

Assistant Clinical Professor. Curriculum in Physical Therapy. #M-704. Open until filled.

Assistant Professor in Residence. Infectious Diseases Division, Medicine. #M-697. Open until filled.

Assistant Clinical Professor. Immunology/Rheumatology Unit, Pediatrics. #M-698. Open until filled.

Assistant/Associate Professor. Social and Behavioral Sciences, Nursing. #N-108. Open until filled.

Assistant/Associate/Full Professor. Adult Acute Care Nursing, Physiological Nursing. #N-109. Open until filled.

Assistant/Associate Professor. Behavioral Sciences, Nursing. #N-108. Open until filled.

Assistant/Associate/Full Professor. Physiological Nursing. #N-109. Open until filled.

Administrative/ Professional

Programmer/Analyst III. Hospital Information Systems - Charms Projects - CED. #H-P40685. $3,073-$3,709. Filing Deadline: 9/3/86.

Programmer/Analyst II. Hospital Information Systems. #H-P46992. $2,547-$3,073. Filing Deadline: 9/3/86.

Public Administration Analyst. Institute For Health Policy Studies. #M-C45919. $2,159-$2,603. Open Until Filled.

Sciences, Laboratory and Allied Services

Staff Research Associate II. Neurology. #M-C51402. $2,070-$2,490. Filing Deadline: 9/3/86.

Staff Research Associate II. Stomatology. #V-S40508. $11.90—$14.31/Hr. Open Until Filled.

Staff Research Associate I/II. Anesthesia. #H-A43475. $1,811-$2,169 or $2,070-$2,490. Filing Deadline: 9/3/86.

Staff Research Associate I. Cell Culture Facility. #V-W45151. $1,811-$2,169. Filing Deadline: 9/3/86.

Staff Research Associate I. Medicine/Rosalind Russell Laboratory. SFGH. #M-CX5222. $1,811-$2,169. Filing Deadline: 9/3/86.

Staff Research Associate I. Stomatology. #V-S51871. $1,811-$2,169. Filing Deadline: 9/3/86.

Storekeeping

Stores Supervisor. Materiel Services. #H-C41904. $2,206-$2,657. Filing Deadline: 9/3/86.

Clerical and Allied Services

Administrative Assistant III/Supervisor. Neurosurgery. #M-F49026. $2,018-$2,427. Filing Deadline: 9/3/86.

Administrative Assistant II. (CX). School of Medicine Alumni Office. #M-L45446. $1,766-$2,108. Filing Deadline: 9/3/86.

Unit Assistant I. LPPI Inpatient. #V-B51966. $8.94-$10.59/Hr. Open Until Filled.

Senior Typist Clerk A. (CX). *Synapse* Student Relations. #V-S51521. $7.86-$9.12/Hr. Open Until Filled.

Health Care and Allied Services

Clinical Nurse IV. Neurosurgery. #M-F49025. $2,956-$3,568. Filing Deadline: 9/3/86.

Clinical Nurse III. LPPI Research. 7th Avenue. #V-B45780. $2,568-$3,097. Filing Deadline: 9/6/86.

Clinical Nurse III. LPPI Research-AIDS. SFGH. #V-B52114. $2,568-$3,097. Filing Deadline: 9/10/86.

Clinical Laboratory Technologist. Laboratory Medicine/Clinical Labs. SFGH. #M-C46780. $2,505-$3,020. Filing Deadline: 9/3/86.

Clinical Social Worker I/Clinical Social Worker II. LPPI Child & Adolescent Service. #V-B46382. $2,231-$2,686 or $2,448-$2,948. Filing Deadline: 9/3/86.

Hospital Anesthesia Assistant II. Anesthesia. #H-A43459. $1,702-$2,032. Filing Deadline: 9/3/86.

Senior Vocational Nurse. ACC Diagnostic Center. #H-A43841. $10.51-$12.01/Hr. Open Until Filled.

Assistant Community Health Program Representative. LPPI Research. #V-B52113. $7.52-$8.71/HR. Open Until Filled.

Inpatient Nursing

For more information on the following positions, call nurse recruiter Lynda Purves, x62252.

Administrative Nurse IV, Director, Nursing Education. Education & Research. $3323-4014.

Administrative Nurse III, Head Nurse. Pediatric ICU/BMT unit. $2956-3568. Filing deadline: 8/29/86.

Administrative Nurse III, Head Nurse. Acute Hemodialysis. $2956-3568.

Clinical Nurse II. Neurosurgery/Neurology. $14.09-16.21/hr.

Clinical Nurse II. Cardiothoracic/Vascular/Eye Surgery. $14.09-16.21/hr.

Clinical Nurse II. Pediatric Medicine. $14.09-16.21/hr.

Clinical Nurse II. Intensive Care Nursery. $14.09-16.21/hr.

Clinical Nurse II. Pediatric ICU. $14.09-16.21/hr.

Clinical Nurse II. Neurosurgery. $14.09-16.21/hr.

Clinical Nurse II. Acute Medicine $14.09-16.21/hr.

Clinical Nurse II. Ortho/Micro Surgery. $14.09-16.21/hr.

Clinical Nurse II. Intensive Care Unit. $14.09-16.21/hr.

Clinical Nurse II. General Medicine. $14.09-16.21/hr.

Clinical Nurse II. Pediatric Clinical Research Center. $14.09-16.21/hr.

Clinical Nurse II. Oncology. $14.09-16.21/hr.

Clinical Nurse II. Admit/Recovery/Well Baby Nursery. $14.09-16.21/hr.

Clinical Nurse II. Neuro ICU. 14.09-16.21/hr.

AIDS Funds Available

Funds are available from the Universitywide Task Force on AIDS to sponsor conferences, workshops and other education programs directly related to AIDS research.

Faculty from all nine UC campuses and qualified individuals from not-for-profit California research institutions are eligible. Awards generally are limited to $3,000 but exceptions will be considered on a case-by-case basis.

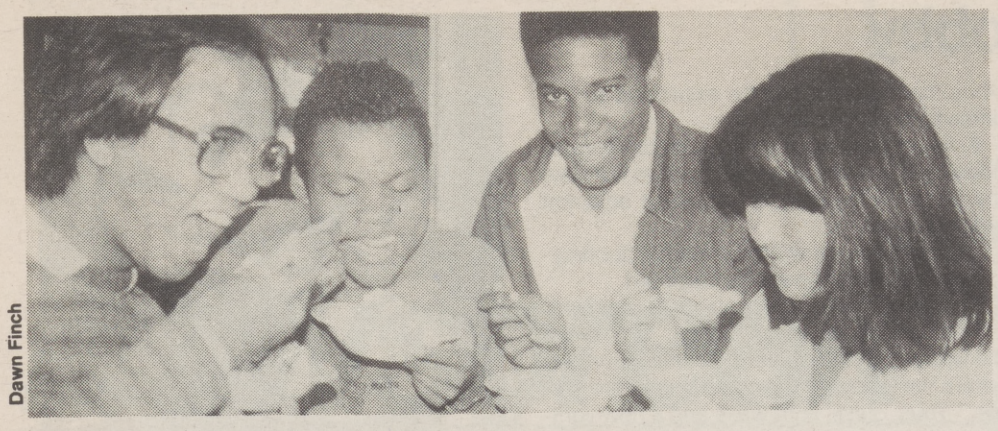
Deadline for applications is November 1. Information and application forms can be obtained from the Task Force Office, 764 University Hall, 2199 Addision Street, Berkeley, CA 94720, or call 642-0732.

Funds for Cancer Research Seminars

Funds are available from the UC Cancer Research Coordinating Committee to sponsor conferences and seminars on current topics in cancer research. Information and application forms can be obtained from Contracts and Grants, 145 Irving St., x62977, or by calling the CRCC Office at UC-Berkeley, 642-2923.

Medsounds Continued

Cause for Celebrations



Dawn Finch

Happy Eating

A big ice cream social was the grand finale for the 120 high school and college students who participated in our summer student volunteer program. Here, Francis Agbayani, Meies Blagburn, Andre Brown and Ruby Chan get right into the spirit of the occasion!

Survey Results Go To Work

The results from the management climate and internal customer surveys are in — and after a short pit stop in administration, the data's now headed out to individual departments.

The data is best viewed as information which can help Medical Center departments develop more meaningful plans for improved service, says director Bill Kerr.

"It's so difficult to manage the service end of an organization," he says. "The survey results at least give us some kind of tangible measure for how we're doing — and a means of establishing which areas need our focus."

Using the data for guidelines, three areas of institution-wide focus already have been established for the coming year: providing a more universal understanding of the Medical Center goals and objectives; improving downward communication on issues facing the Medical Center-at-large; and working out an effective system for staff recognition.

As individual departments receive data pertinent to their areas, the opportunity then follows for management and staff to sit down together, go over the information and identify their own additional areas of focus.

Before it begins to seem like the only purpose of the surveys was to identify our weaknesses, we should look at this from a different angle:

In the case of the management climate survey, which asked supervisors and managers dozens of questions about organizational effectiveness, there was progress made in almost all areas in comparison to the results of the same survey completed a year ago. "In fact, some of the most positive changes were in aspects we had chosen as focal points," says Mr. Kerr.

And the internal customer survey, which asked employees to rate how departments serve one another's needs, showed quite a high level of satisfaction.

Looking at it this way, it's clear we're not starting from the bottom. Our task is to improve a good thing.

Whale Tale

Mikkel Aaland

Chaplain intern Ernie Medina surrounded by his 7-Long friends: (left to right) Kathy VellaJacona, Amy Sasaki, Annette Lunding, Mary Lee, Nancy Weckel, Joe Tolbe, Monica Severin (hiding behind Ernie), Jennifer Dickman and Debra Fila. The photo Ernie's holding? It's an Associated Press photo of Ernie with Belinda the whale.

Among the 7th floor Moffitt-Long staff, chaplain intern Ernie Medina is famous for his quick smile, friendly demeanor and exceptional participation in patient care.

Not long ago, Ernie also enjoyed a degree of fame on a more widespread basis: He was one of the trainers of Belinda, the first Beluga whale known to give birth in captivity.

Yes, before Ernie headed in the direction of becoming an Episcopal priest, he spent four years at Sea World in San Diego training Beluga whales, killer whales, pilot whales, Pacific bottle-nosed dolphins, sea lions and North American river otters.

"The high point of my career there definitely was Belinda's childbearing," says Ernie. "You'd think it was a member of the family having a baby. I used to wake up nights worrying about her."

Ernie's transition from whale trainer to seminary student is not so surprising, he says. "I loved it, but I knew it wasn't forever. It just took me awhile to figure out how I wanted to spend the rest of my life. Until I settled on becoming a priest, nothing else seemed to fit."

Ernie is just completing his 12-week stint in our clinical pastoral education program under Medical Center chaplain Rod Seeger — after which he'll have about two more years of education before becoming a candidate for ordination. As for what the 7th floor staff have to say in regard to his departure, 7-Long acting head nurse Debra Fila sums it up: "We're going to miss him a lot — including his fish stories."

Happy Anniversary

Grabbing a second away from the phones, operators Michele Hinojosa, Tom Anderson and Barbara Lockwood pose for a quick portrait during Telecommunications' recent anniversary celebration. The party (which occurred in shifts while Carl Heller and department manager Marty Gustafson answered phones) marked the completion of one year since the Med Center Telecommunications Department formed last August. Other members of the department include Karla Green, Elsa Kim, Bob Lehr, Dolores McKnight, Stephanie Porter, Charles Nattkemper and Shirley Smith.

Dawn Finch

Congratulations

Robert Bradley of Environmental Services takes his turn for congratulations from director Bill Kerr at a recent reception for 65 Medical Center Special Performance Award recipients. Other award recipients include Pacita Arcangel, Luis Alvarez, Andre Arquero, Brenda Burney-Jackson, Eliodoron Cajuguiran, Wanda Carr, Martha Centeno-Cruz, Emily Chan, Ann Crowley, Yolanda Dominguez, Kathleen Duffy, Angelina Grandison, Pacita Guillermo, Priscilla Guinto, Teru Hirano, Verna Hodges, Matilda Hogan, Susan Huberty, Julia Johnson, Larry Jurado, Charles Lewis, Douglass Lesser, Alberta Littell, Judith Luce, Felicitas Lyons, Emiliano Manaoat, Nena Mangampat, Mamie Moy, Doris Newton, Elsa Pablo, Vincent Piperno, Adelina Reyes, Michael Romingquet, Dwight Rupp, June Skow, Yin Man Suen, Marna Tanaka, Stella Tse, Mattie Wells, Lucy Whybrow, Darlene Wong-Yuhara, Pedro Zamora, Marilyn Bruneman, Mok-King Liu, Sandra Range, Diane Ayers, Lucille Collins, Susan Condon, Carmen Del Rosario, Nora Furey, Shirley Greene, Pat Heinrich, Adelia Ingram, Johnnie (Carolyn) Jones, Ann Kretzschmar, Nancy Kwan, Vivien Ma-Wong, Ann Politeo, William Pridgeon, Ruth Schneider, Julie Sekino, Carol Viele, Inez Wieging and Shirley Jackson.

Dawn Finch

Greetings from Camp Superstuff

For Lisa Frost, summer wouldn't be complete without a week at Camp Superstuff. No, it's not an exclusive spa where Lisa takes refuge from her busy schedule as head nurse in ACC's Pediatric Practice II. It's a day camp for asthmatic children sponsored by the American Lung Association. And Lisa is the camp's co-director.

Each summer she takes out a week of mornings to conduct the camp activities for the young participants. This year's group was typical — 15 rambunctious youngsters between the ages of 6 and 11.

The focus is three-fold, says Lisa: "The children have the opportunity to meet other children with asthma. They learn self-management skills that help them take the responsibility for their own asthma. And, we have fun!"

The camp has been in existence about seven years. Lisa first became involved four summers ago, as a sort of natural outgrowth of a research project she did for the American Lung Association on asthma self-management for children.

Also in conjunction with the American Lung Association, Lisa started a support group for parents of children with asthma. This group, however, meets in the springtime. "That's right when asthma season is in full swing," says Lisa.

Mikkel Aaland

One of this year's Camp Superstuff activities was an expedition to the aquarium at the Academy of Sciences. That's Lisa at the far right; her camp assistants included Angie Casey and Diane Guta (far left and second from left), both MS students in the School of Nursing; clinical nurse scholar Gail Kieckhefer (third from left); and student apprentices Lisa Manio (right center) and Erica Weekes (second from right).

Medsounds

Volume 1, Number 2, August 30-September 12, 1986

Sneak Preview of the New Moffitt Lobby

The behind-the-scenes work is just about complete, the building contract has been awarded, and it won't be long now before construction crews begin arriving for a big job: the total facelift of our 1955-vintage Moffitt Lobby.

"We're currently looking at next March as the completion date for the entire project," says assistant director Carl Heller. But as early as January we can hope to see the completion of the first stages — including the new entrance, gift shop and waiting areas.

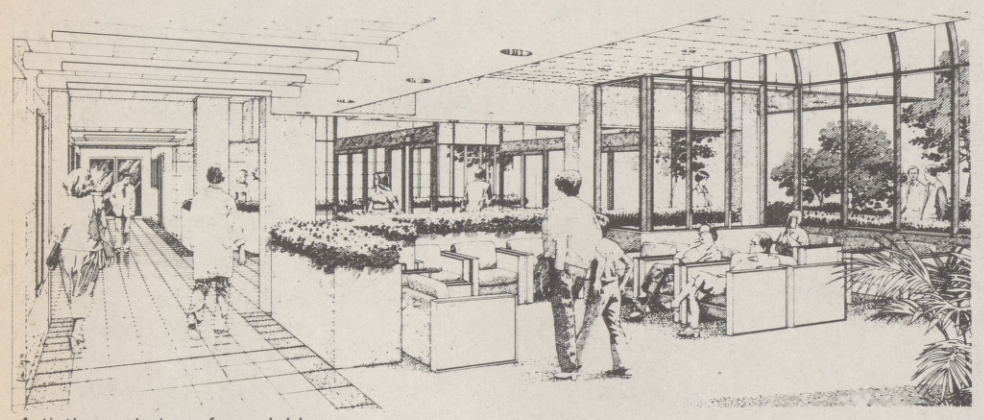
As hospital architect Suheyl Atil describes it, everything that's now drab, cramped and uncomfortable will become bright, spacious and convenient:

- A canopied entrance will lead to a fully automatic doorway.
- High-ceilinged greenhouse areas extending out beyond the existing lobby front will become the main waiting areas.
- The gift shop will move over to the previous cashier area and be expanded to 2½ times its present size.
- A new information desk, telecommunications center and a meditation room will take the place of the old gift shop and adjacent storage area.
- The traffic areas will have marble flooring.
- The seating areas will be carpeted.
- The plans call for lots of plants, lots of light.

"The emphasis," says Suheyl, "is to make the whole area transparent, so that when one enters the lobby, all the components are visible." Thus, glass, light walls and a new lighting system are all important parts of the design.

The basic colors will be earth tones: reddish brown for the carpet, the furniture and the greenhouse structure — accented by aluminum columns and planter boxes, and, of course, the green of the plants.

The Moffitt elevators, by the way, also are getting a facelift — thus, you'll see them out of service (one at a time) during the next several weeks.



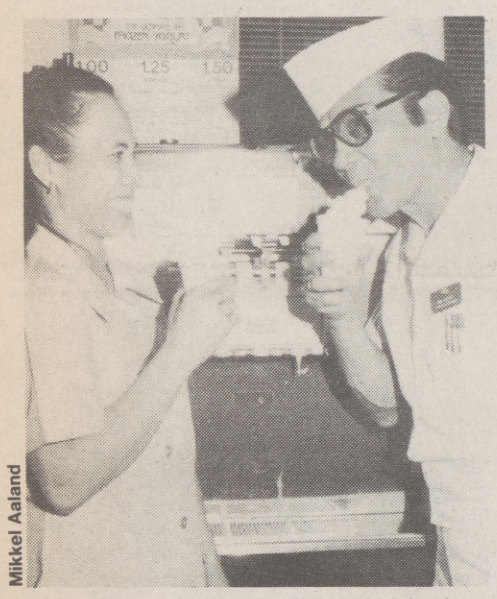
Artist's rendering of new lobby

Mikkel Aaland

That Mickey Mouse — he really knows how to hug! Nine-year-old patient Earl Stoner of San Francisco was one of the lucky hug-ees during Mickey's visit to our Children's Medical Center last week.

What was Mickey doing so far from his own neighborhood? He was out on a goodwill tour, visiting pediatric units in various hospitals.

"New" Yogurt Going Great Guns



Mikkel Aaland

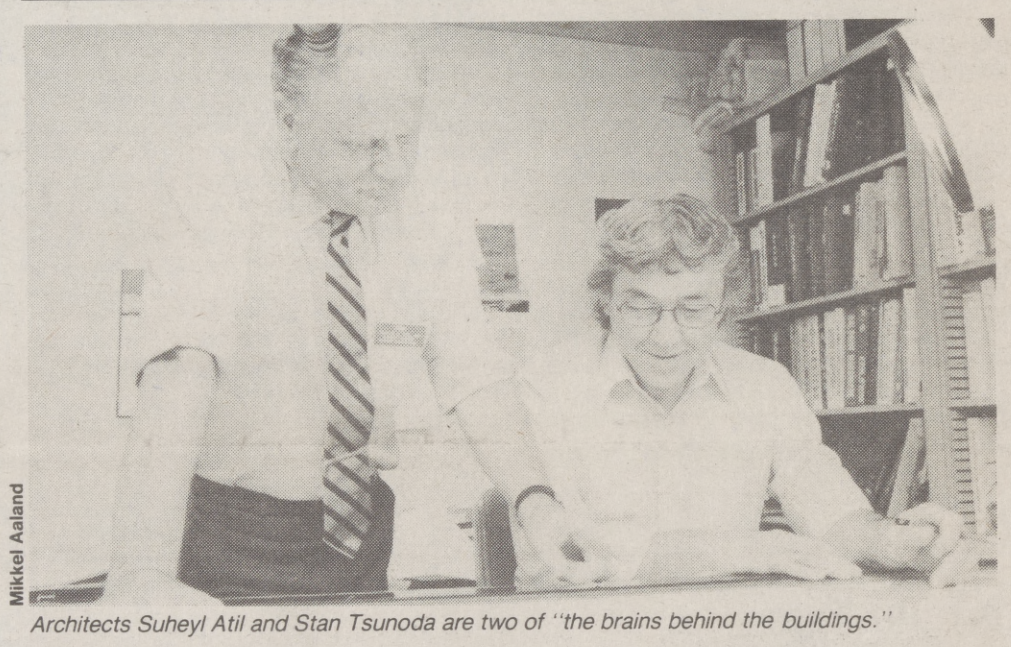
Herminia Malalis and Mer Salinas indulge in a little of their own product.

Since the arrival of the new "two flavors with a twist" frozen yogurt machine in the Moffitt cafeteria, sales have jumped from 200 to 400 servings a day!

And since chances are pretty good that you personally are contributing to that statistic, maybe you'd like to know a little bit more about what you're eating:

In comparison to an equal portion of ice cream, a 7 oz. portion of yogurt (that's one of the small cups filled *slightly* above the top) has 235 calories; ice cream, 425. The yogurt has 7 grams of fat; ice cream, 20. The yogurt, 36 grams of carbohydrates; ice cream, 54. As for protein, however, the ice cream wins: yogurt, 7; ice cream, 8.

More yogurt facts: Right now it takes 18 gallons of yogurt mix a day to accommodate the yogurt-eating masses; it takes 20 minutes to set up the machine in the morning and 30 to clean it up when the day is done. Thankyou, yogurt machine maintenance specialists, for your vigilance.



Mikkel Aaland

Architects Suheyl Atil and Stan Tsunoda are two of "the brains behind the buildings."

The Brains Behind the Buildings

Walk out the back door of Long Hospital, cross over to the middle of the laundry building, then enter through the door that says "Hospital Contract Administration." Suddenly you'll find yourself right in the middle of what appears to be a busy architectural firm!

What you've discovered is the Medical Center's own design headquarters, complete with four architects, one design engineer, two construction engineers, and support staff. Together they oversee the Medical Center construction projects from start to finish — from the planning and design stages, to administering the building contracts, to supervising and inspecting the project. In short, they do just about everything except the construction itself!

Heading the team is a personable fellow named Suheyl Atil, a Bay Area transplant from Istanbul. He first appeared on the scene here as a consulting architect during the planning stages of Long Hospital. Before the project was finished, the idea for an in-house design center took hold, and Suheyl joined the staff as administrative architect.

"It is rather unusual for a hospital to have a service like this," says Suheyl. "But we have some unusual circumstances here. If we need a new facility, we can't just add it on. We have to take what we have and re-think it. This takes a very good understanding of the building."

Their normal workload is about 25 to 30 projects a year. Perhaps two or three of these will be part of the master plan — big projects, like the Moffitt Lobby. The rest are things that just "pop up" in the course of a year — sometimes with a very tight deadline. "That's when everything else takes a back seat," say Suheyl.

Currently his office abounds with blueprints for the coming months: the ongoing Moffitt renovation, the new outpatient surgery center in ACC, the forthcoming cafeteria renovation....

But it's all Suheyl's exact cup of tea. In the course of his career, he's never once designed a house. After the complexities of hospitals — especially *this* hospital — there just wouldn't be much challenge.

JCAH Schedules Preliminary Visit

When it gets to be JCAH time — no matter how ready you are — there always looms the big question: *When* exactly will they be coming?

(JCAH is the Joint Commission on the Accreditation of Hospitals. "They" are the JCAH surveyors, who inspect the hospital to determine the terms of accreditation.)

Well, part of the mystery, anyway, has been removed from our agenda. The JCAH has announced the first part of its visit. On Wednesday, September 10, a representative will begin a three-day visit to the clinical laboratories and anatomic pathology.

"This portion of the total survey always occurs separately and prior to the rest of the survey," says Mary Jane Allison, Medical Center assistant director and JCAH coordinator. "This probably is because of the intensity of the need to survey these areas."

Other departments will take their turn with the surveyors when the total JCAH team arrives sometime in the not-too-distant future. "We're due for a visit this fall," says Mary Jane, "but we won't know the exact date until a maximum of six weeks ahead. It could be as as early as November 1."

The Medical Center was last surveyed in 1983, at which time it received the maximum three-year accreditation. As Mary Jane explains, it's a voluntary accreditation issued by a voluntary organization. "Yet it's *the* credential for practice among hospitals in this country," she says. Thus, our continued accreditation by JCAH is absolutely vital.

Where are we in terms of being ready for their visit?

"The whole institution has known for three years they'll be coming," says Mary Jane. "So hopefully — and truthfully — most aspects are in good shape.

"But I think as the time draws closer people will begin to satisfy themselves that everything is absolutely as it needs to be in terms of preparation."

We Have a Winner!

Sandy Wong, office administrator in ENT Private Practice, came up with several ideas for names — but it was her "Medsounds" that caught the fancy of the judges!

As it turns out, Sandy is no stranger to this type of thing. As a hobby she does promotion and PR work for a local travel agency and Asian Performing Arts, an international cultural exchange group. "But this is the first time I've ever won a prize for something like this!" she says.

As for what she plans to do with her $50 gift certificate, she says she'll be in no hurry to part with the certificate itself. "In fact," she says, "I think I might frame it or press it in a book."

Sandy's winning entry was one of about 200 Medical Center submissions — many of them evidence of some *very* creative minds hereabouts. There was the "Internal Organ," for instance, and the "The Stetha Scoop," "The Ther-Monitor," and "The Medical Examiner"...

Dawn Finch

Wong

But "Medsounds" it is. So congratulations to Sandy, and thanks to everyone else for your enthusiasm!